



Hidden Valley Elementary School Newsletter

Newsletter #2

November 2, 2016

HVS School Council News

The HVS School Council meeting will be held on Wednesday, Nov. 2nd at 6:00 p.m. in the School Library. All parents are welcome.

In This Issue

- Halloween Carnival
- Cold-Flu Season

Report Cards

Report cards will be going home on Wednesday, November 17th.

Report to Office

We would like to remind all parents to use the main entrance only, and to report to the office

Administration E-Mail:

Riana Robinson
Principal
Riana.Robinson@gov.yk.ca

Shelley McInnis
Administrative Assistant
Shelley.mcinnis@gov.yk.ca

Web:
<http://hve.yukonschools.ca/>

HVS School Council:
hvscouncil@gmail.com

Dear Parents/Guardians

Thank you to all the parents and students who attended parent/teacher interviews. If you were unable to attend and would like to speak with your child's teacher, please call the school or the classroom teacher to schedule an appointment.

Also, thank you to all the parent volunteers who have been helping our staff and students with class projects, activities as well as our sports teams. We really appreciate the time, effort, and dedication it takes to making Hidden Valley School a great place to be!

Sincerely,
Riana Robinson
Principal

High Expectations

Encourage your child to do his/her best at all times. Set high but reasonable expectations with your child.

1. Expect the best from your child, keeping in mind his or her abilities and interests.
2. Ask your child what he/she expects from himself/herself.
3. Encourage your child to work hard at subjects that are challenging.
4. Tell your child when he/she is doing well.
5. Periodically check out your expectations with your child.
6. Challenge yourself and model the benefits of high expectations.

HVS Book Fair



Our book fair that was held Oct. 17-21 was a great success and we reached and exceeded our goal! We earned \$365.00 for the school and look forward to having it again next year! Thank you to all the volunteers and Macs Fireweed bookstore! We couldn't have done it without you!



Electronic Device Rules

Hidden Valley School promotes quality academic experiences, as well as, healthy social relationships and personal development.

The use of any electronic communication devices (ECDs), as well as other electronic games and players are restricted during school hours. Students may only use and possess on their person electronic devices prior to 8:00 am and after 3:07 pm during the school day. As a condition of this permission, all electronic devices must remain off and put away during the school day and students assume all risk of loss, damage or theft of their electronic device.

Milk Sales

We will be serving white milk each day at lunch time on a trial basis for \$1.00. For a special treat we will have chocolate milk on Fridays also for \$1.00.

Terry Fox Run

Thanks for all participants on the Terry Fox Run! We surpassed our goal this year and were able to donate \$373.00 to the Terry Fox Foundation for Cancer Research.

HVS Fundraising at Raven Recycling

HVS School has an account at Raven Recycling. All funds from refundable items such as pop cans and juice boxes can be donated to Hidden Valley School. If you are collecting points for yourself, you can still do this and have the money portion go to the school. All donations are welcome. We use the funds primarily to support recycling efforts in the school.

Winter Clothing

If you have any toques, mitts or scarves that your children have outgrown and you would like to donate them, please bring them to the school.

Thank you for keeping Hidden Valley School NUT Free.



Husky Helper Winners

for the Month of September:

Donald H., Larissa S., Jeremy M.



Halloween Carnival

Our students had a great time at the Halloween Carnival this year! Thank you to Mr. C, Ms. Dawn, Ms. Mary and the Grade 6/7 class for making all the games, selling items at the bake sale and running the booths.



Dá Kwändür – Our Story

Here is an example of a conversation in Southern Tutchone:

Dànıye? What is your name?

Ts□urki ùúye, nän k□e? My name is Raven, and you?

Ägay ùúye. Ja□□w na□□nnja? My name is Wolf. Where do you live?

Kwänlin nınje, nän k□e? I live at Whitehorse, and you?

Şaḣı Kwänlin nınje. Me too, I live at Whitehorse.

Şähwthän dek□annt□a. Take good care of yourself.

Şähw nıthän! Thank you!

Oh Canada in Southern Tutchone – Translated by Margaret Workman and Linda Harvey

O Canada, dáku□□ dásì keyi,
Dádunèna, dána□□n k□ânátà jè
Dàdzē uyè uk□ânáthı jè
Łu□□ tla□ dásì keyi
Łu□□ kwänthàt ts□än, O Canada
Nk□âts□änútà shı
Dàkenàkâw nk□anútà jè
O Canada, nk□âts□änútà shı
O Canada, nk□âts□änútà shı

Män ku□□



In early October, Mr. George Bahm (from First Nations Programs and Partnerships, Yukon Education), Nick Vienneau (Environmental Consultant, Yukon Education), and Norm Adamson (Ta'an Kwäch'än Elder) led by David Bunbury and Bryan Clubbe from Hidden Valley Elementary, worked with the Grade 6/7 students to learn about and create a Män kù (traditional temporary shelter). This Män ku□□ can be used year-round, by all classes, as an outdoor learning space.

Seasonal Influenza (Flu)

Is it a Cold, Flu, or Pertussis?

Symptom	Influenza ("Flu")	Cold (Viral URI)	Pertussis			
Fever	Usually present and high (102-104°F or 39-40°C); typically lasts 3-4 days	Uncommon	Uncommon If present, typically low-grade			
Headache	Very common	Uncommon	Uncommon			
Aches and pains, muscle aches, chest discomfort	Common, Often severe	Slight to Moderate	Uncommon			
Fatigue and weakness	Moderate - severe; can last up to 14-21 days	Mild	Mild to moderate			
Extreme exhaustion	Very common early in illness	Extremely Rare	Rare			
Stuffy or runny nose	Sometimes	Common	Common, early in the disease			
Sneezing	Sometimes	Common	Common, early in the disease			
Sore throat	Sometimes	Common	Uncommon			
C O U G H	Non-productive ("dry") cough is typical; nocturnal cough rare	Hacking cough, often productive; nocturnal cough rare; usually responds to cough medications	Variable character; fits / paroxysms and nocturnal cough are common; generally not responsive to cough medications			
				Character		
				Severity	Mild to Moderate	Variable; can be mild in adults and very severe in infants and young children
				Duration	Typically 3-7 days	Persistent cough, almost always > 1 week, usually 2-6 weeks, sometimes 10+ weeks
Paroxysms	Uncommon	Rare	Common			
Infectious Period	1-2 d before symptom onset to 5-10 days after	Variable; typically 4-7 days after symptom onset; can be longer	From start of catarrhal phase (before cough) to 21 days after cough onset*			

ATTENTION TA'AN KWÄCH'ÄN COUNCIL CITIZENS

NEW TUTORING PROGRAMS FOR TKC STUDENTS IN K-12

The Ta'an Kwäch'än Council's Education Department is excited to announce that it will be offering two new tutoring programs for the 2016/17 school year:

1. **Individual Tutoring Program:**
 - One-on-one tutoring for TKC students in Whitehorse (Kindergarten - Grade 12)
2. **Drop-In Tutoring Program:**
 - Open tutorial sessions for exam preparation in all subjects (math, biology, etc.)
 - Open to all TKC high-school students in Whitehorse (Grades 8-12)

For more information, please contact the TKC Education Support Worker at:

Jessica Bryant
668-6302 ext. 408
jbryant@taan.ca



FREE TUTORING!!!



Individual Tutoring Program

- ✓ This program is available to all TKC students in Whitehorse (Kindergarten to Grade 12)
- ✓ This program offers private, one-on-one tutoring with your child outside of school hours
- ✓ This program provides experienced, professional tutors to work with your child in specific subject areas
- ✓ Private tutoring can take place in your home or the tutoring office during times that work for your family
- ✓ **All sessions are FREE!!!**

Drop-In Tutoring Program

- ✓ This program is for high-school students only (Grades 8 to 12)
- ✓ This program offers 6 exam preparation tutoring sessions during the two weeks prior to exams
- ✓ Sessions are provided on a drop-in basis, but students are encouraged to sign-up (contact the Education Support Worker)
- ✓ This program provides experienced, professional tutors to work with your child in specific subject areas
- ✓ All tutoring takes place on-site at the TKC Health and Education building and a healthy snack will be provided
- ✓ **All sessions are FREE!!!**

The first step to success starts here!!!



LEARNING TOGETHER

Learning Together is a drop in program that runs Tuesday-Friday. Tuesday is from 9:00–11:30 am and 12:35 pm–3:00 pm. Wednesday–Friday is from 9:00 am–11:30 am every morning.

Learning Together is a positive, play based learning environment for parents/ caregivers and their children that provides learning opportunities to enhance children’s skills in all areas of development. It is a program that targets 3-5 year old children although ages 0-5 are welcome.

The program is drop-in and free! Snack served as part of the program.

Play centers, gym time, storytelling, games, crafts and so much more!

Park at the front of the school in the parent parking lot and enter the school from the primary wing door.

For more information contact the school at 667-8164.

LEARNING TO LEARN.....FOR LIFE

Hidden Valley School
#5 MacPherson Rd
Whitehorse, YT
Y1A 5S3

Phone:
(867) 667-8164

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(867) 393-6316



Upcoming Events

School Council Meeting @ 6 pm	Nov. 2
Rec Skate Gr. 4-7 (9:45-10:30 am)	Nov. 4
Remembrance Day Celebration @ 11am	Nov. 10
Remembrance Day (No School)	Nov. 11
Gr. 6/7 Swim Patrol (9:45-10:30 am)	Nov. 15-18
Report Cards go Home	Nov. 17
Volleyball Championships	Nov. 18 & 19
Wildlife Preserve Gr. 1-3	Nov. 21
Rec Skate K—Gr. 3 (1:00—1:45 pm)	Nov. 25
Assembly @ 11:30 am	Dec. 6
School Council Mtg @ 6 pm	Dec. 7
Christmas Concert & Silent Auction (6:30-8pm)	Dec. 8



October & November

Darcy G.—Gr. 6	Nathan S. - Gr. 1
Declan F-R—Gr.	Cody W.
Denley B.—Gr. 1	Rylan—Gr. 7
Jack Y.—K	Maya R.—Gr. 5
Caleb P.—Gr. 3	Nathan S.—Gr. 6
Autumn W.—Gr. 1	Ms. Martin—Library
Sabrina H.—Gr. 3	Kate R.—Gr. 4
Edrie P.—K	Liam W.—K
Nathan K.—K	Caidy A.—Gr. 6
Porter T.—K	

Wall of Fame

Please send all newspaper articles/clippings of Hidden Valley Students excelling in activities to school.

